



Client Information Form - Massage Therapy

Name: _____ Birth Date: _____

Address: _____ City _____ State _____ Zip _____

Preferred Contact Method: (Cell) _____ (E-mail) _____

Occupation: _____

Referred by: _____

Emergency contact person: _____ Phone: _____

o Yes o No Have you previously experienced bodywork? What kind? _____

o Yes o No Are you currently under a physician's care for any condition? Please describe: _____

Physician's name: _____ Phone: _____ Fax: _____

Primary reason for today's visit, (please explain): _____

Areas of complaint, pain, tension, (please explain): _____

Please answer the following questions:

o Yes o No Do you wear contact lenses?

o Yes o No Do you wear dentures?

o Yes o No Do you have any allergies? Please describe, especially if regarding a specific essential oil or lotion: _____

o Yes o No Do you have arthritis? What type and where? Please describe: _____

o Yes o No Do you have any heart problems? Please describe: _____

o Yes o No Do you have any spinal problems? Please describe: _____

o Yes o No Are you presently pregnant? How far along? Complications? _____

o Yes o No Do you have varicose veins or blood clots? Please indicate where: _____

o Yes o No Do you have any skin problems, diseases, or open sores? Where? _____

o Yes o No Have you had surgery? How recently? Complications? _____

o Yes o No Do you take any prescribed medications? Please list: _____

o Yes o No Do you take supplements, herbs, and/or vitamins? What kind? _____

o Yes o No Do you exercise or play sports on a regular basis? Please describe: _____



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o Yes o No Are you receiving any other complementary care currently, (chiropractor, naturopathic, acupuncture, nutritional, herbal, homeopathic, hypnotherapy)? If so, please describe: _____

o Yes o No Do you have any other physical or mental condition of which I should be aware before giving you a massage therapy treatment? If yes, please describe: _____

Please read and initial:

____ I understand that massage therapy is for the purpose of stress reduction, relief from muscular tension or spasm or for increasing circulation and energy flow.

____ I understand that the massage therapist does not diagnose illness, disease, or any other physical or mental disorder. In addition, the massage therapist does not prescribe medical treatment or pharmaceuticals.

____ It is understood that any illicit or sexually suggestive remarks or advances on the client's part will result in immediate termination of the massage session, and the client will be liable for payment of the full scheduled appointment.

____ I understand that massage therapy is not a substitute for medical examinations and/ or diagnosis and that it is recommended that I see a physician for any physical ailment that I might have.

____ Because a massage therapist must be aware of existing physical conditions, I have stated all my known medical conditions and take it upon myself to keep the massage therapist updated on my physical health. Further, I release the therapist from responsibility and liability for any adverse reactions resulting from disclosed and undisclosed conditions

Signature: _____ Date: _____

I have completed the above information accurately and have read, understand, and take responsibility for the above statements.

Therapist Notes:

