



# mti physical therapy

PROVIDING ONE-TO-ONE CARE

- Manual Therapy
- Orthopaedics
- Sports Therapy
- Spine

Bellevue • **p 425.746.2475** • **f 425.746.2471** • 1560 140th Ave. N.E., Ste. 100 • Bellevue 98005

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Seattle–Fremont • **p 206.548.1522** • **f 425.746.2471** • 435 North 34th Street • Seattle 98103

Seattle–Magnolia • **p 206.281.7970** • **f 425.746.2471** • 3200 W. McGraw St. • Seattle 98199

Seattle–WAC (members only) • **p 206.839.4780** • **f 425.746.2471** • 1325 Sixth Ave • Seattle 98101

Seattle–First Hill • **p 206.430.6262** • **f 425.746.2471** • 506 12th Avenue • Seattle 98122

## Prescription Information (REFERRAL FROM PRIMARY CARE PHYSICIAN MAY BE NEEDED)

Patient Name \_\_\_\_\_ Phone: \_\_\_\_\_

Dx: \_\_\_\_\_

Comments:

Prescription: \_\_\_\_\_ times per week for \_\_\_\_\_ weeks

Doctor Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
(PRINTED)

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Treatment: \_\_\_\_\_

Evaluate and treat at therapist discretion

### Recommended Treatment:

#### Therapeutic Exercise

- Strengthening
- Home Exercise
- Sport Performance
- Stabilization
- Coordination/Endurance
- Balance/Agility

#### Manual Therapy

- Joint Mobilization
- MFR/Massage/MET
- Stretching/ROM
- Post-Op Rehab
- Gait Analysis
- Women's/Men's Health

#### Additional Therapies

- Sport Movement Analysis
- Orthotics
- Taping/Bracing
- Ergonomic Education
- Vestibular
- Modalities: \_\_\_\_\_